



01.15.2021 Notes

Welcome Activity:

Reflection: Share a goal (personal or professional) for 2021:

Partners shared goals for what they wanted to accomplish in the year 2021. Goals ranged from enjoying nature and the outside more, leadership building skills, to “surviving until 2022”.

Meeting Scheduling – Jennifer Auman

Jenni informed the group that a survey was sent out to all members last year asking for preferred timing (9:00a-11:00a or 11:00a-1:00p). Results came out about a 40/40 split. The meeting time was changed to 11:00am to hopefully allow people that were unable to attend before, the opportunity to attend at the new time. Members’ flexibility to adhere to the new schedule is greatly appreciated.

Centering around Families – Kathy Karsting

Kathy spoke to the group about the Title V Maternal Child Health (MCH) block grant and public opinion of the selected priorities. Kathy thanked Rayma Delaney for her creative leadership in receiving public input. The Title V Needs Assessment occurs every 5 years as a requirement of the block grant. Stakeholders are gathered to look at the community data, needs and disparities within the MCH populations, and select 10 priority topics that the State will work to improve in the next 5-year period. Many of the identified priorities focused on mental health issues in pediatric and maternal populations in Nebraska, giving another opportunity to align the NEP-MAP work with the Title V MCH block grant. Rayma commented, “The block grant is the mortar that holds the many bricks (programs) together.”

Updates/Routine Business:

NEP-MAP webpage – Jennifer Auman and Edin Salkanovic

Recent updates on the NEP-MAP website (www.dhhs.ne.gov/nepmap) include:

- NEP-MAP Meeting agenda, notes, and power points from 2020
- Newly released: *Community Screening of Pediatric Behavioral and Emotional Disorders in Nebraska* report by Dr. Drissa Toure and Dr. Dejun Su. This report provides the results of the Community Provider Survey as part of the NEP-MAP Evaluation efforts and demonstrates the need and purpose of the efforts of NEP-MAP.
- The NEP-MAP Screening and Referral Guide – downloadable and free as a resource for all Partners and collaborators. Download and disseminate!

Evaluation Team – Dr. Drissa Toure

Drissa talked briefly about the community level screening survey and report. This year, Dr. Toure with Technical Workgroup 3, will be developing a survey for families on accessing and satisfaction with mental, behavioral, or developmental health services for children. Both an online survey and in-depth interviews will produce results to be used to make recommendations to primary care practices, providers, schools, and community resources on how to best assist families in finding the right resources needed, as well as how to improve the referrals and course of treatment.

Also in Year 3, the Evaluation team will develop a survey for primary care providers outside of the clinical demonstration network on screening and treatment of behavioral health issues, especially in rural and underserved areas of the state.

TWG #2 CLAS (Culturally and Linguistically Appropriate Services) and Equity – Greg Donovan and Kathy Karsting

Greg shared with the group that TWG #2 has been rejuvenated and has had wonderful participation from members. He acknowledged and praised the work of both Andrea Riley and Kathy Karsting from DHHS in recruitment and vision for the group. TWG #2 members are developing equity questions to be infused into the Family and provider surveys. Greg states, “We have begun to look at possible questions to present with the surveys; trying not to be too judgmental or steering in how we frame those questions in order for them to be included in a larger initiative.”

Kathy shared that another goal for TWG2 is the development of an equity goal, which has the potential to evolve as the work continues. “TWG#2 for CLAS and Equity exists to identify and recommend strategies NEP-MAP can employ to promote culturally appropriate primary care and behavioral services for all families. We seek to guide and strengthen the equity focus of NEP-MAP in order to assure the benefits of NEP-MAP reach all children and families.”

The invitation to TWG#2 is continually open; there are no barriers to entry and the expansion of the group is welcomed.

Clinical Demonstration Project – Dr. Christian Klepper

Christian updated the group on clinical demonstration project.

- Outreach: Dr. Michael Stuebe, the team liaison in Western Nebraska, is still doing outreach to recruit providers in the Panhandle and western parts of the state.
- Consultations: There have been two in the last quarter, both of which were from the same clinic. Each time a consultation is completed, a survey is sent out for feedback. Little has been received back, but what has been received has been positive. Consultations are provided to any provider for no charge.
- Training: In Year 2, MMI presented a 3 part webinar series on Behavioral Health Screening, Anxiety Management, and Management of ADHD in Primary Care.

Recordings are available online: <https://www.unmc.edu/mmi/departments/psychology/psych-patientcare/teleproviderconsult.html>

Next month another webinar series will be delivered: Psychosocial Responses to COVID and How Children are Responding; Sleep and Depression; and Management of Autism in Primary Care. These webinars will be hosted every 3rd Wednesday and Thursday of the month.

Care Coordination Project – *Kathy Karsting and Sarah Swanson*

Kathy informed the group that NEP-MAP entered into a planning contract with Sarah Swanson at the Munroe-Meyer Institute. Sarah and her team brought forward a model for care coordination, not implemented by providers, but by parents, peers, coaches or advocates such as Parent Resource Coordinators. The project intention is to strengthen family empowerment and support, use community resources, and to communicate well with the clinical team to create the best outcomes of care. The next stage proposed is to move forward with a pilot project that would have an opportunity for expansion. Sarah and her team delivered a thoughtful, well-reasoned and organized proposal. NEP-MAP Leadership will be looking at the investment opportunity, the overall costs, and potential sustainability plans.

Sarah acknowledged and recognized contributors to the model and proposal: Dr. Jennifer Burt, Dr. Brandy Clarke, Dr. Holly Roberts, Dr. Allison Grennan, Director Dr. Mark Shriver, and the team of parent resource coordinators at MMI.

TWG #3 Family Engagement - *Jennifer Auman*

Jenni shared that TWG3 began development in the Parent Survey last year, and are going to be moving forward in 2021 to complete it. (See description above in Evaluation). New members of the workgroup are welcomed.

Screening and Referral Guide – *Kathy Karsting*

Kathy shared that the Screening and Referral Guide (SRG) continues to be disseminated and that NEP-MAP has received interest from other organizations. Revisions and/or updates to the SRG are planned for February, based on feedback from users, including a recommendation to include the Suicide Prevention Hotline and Suicide Prevention resources. The SRG will need to be updated on a regular basis to ensure continued relevancy in the future.

Program Focus

NE Behavioral Health System of Care - *Bernie Hascall*

Bernie shared that families that face challenges in mental and behavioral health end up intersecting with so many different systems that don't necessarily communicate with each other, that the burden becomes greater than the help. The BH SoC was developed to "meet families where they are, find out what other system partners can do

in order to support them, and identify what are those emergent or pressing needs and how to address those.” The intent is to avoid piling on several different plans and goals (to-do lists) on a family.

The Division of Behavioral Health partners with the Division of Public Health for the grant, and implementation committees made up of stakeholders meet to implement specific activities within the grant, such as working with school districts on help managing behavioral health issues at school. The 5 year Strategic Plan includes prevention, normalization of mental and behavioral health issues, health equity and competency, integrated care, and evidence based practices.

Discussion Rounds

Draft Year 2 Highlights - Jennifer Auman

Jenni invited the group to review the draft Year 2 Highlights document provided to the group. Feedback and suggestions will be accepted for the next week before it is sent to the Graphic Arts dept. at DHHS.

Inclusion of an Equity Goal –Kathy Karsting

NEP-MAP, through the work of TWG2, is developing an equity goal to include in our work as a whole. Kathy shared the first draft: “**Promote family-centered and culturally-appropriate approaches in health care delivery to improve access for underserved individuals and communities.**” Discussion was opened for suggestions; one was to add “equitable access.”

Reach Out and Read - Kathy Karsting

Kathy gave a brief description of the program *Reach Out and Read*. It is a partnership with primary care practices to provide age appropriate children’s books to distribute to client children, helping to build both literacy and language skills in children and encouraging parents to read with their children from a very early age. The *Reach Out and Read* model seeks to equip primary care providers with a total of 10 books for each child aged 0-5 with the vision that every time the primary care provider sees a child, they receive a book to keep. The catalog of available books is culturally and linguistically diverse.

Approaches to Sustainability Planning - Kathy Karsting

Kathy proposed a single brainstorming session to come together and have some conversation about what a sustainability framework might look like for NEP-MAP.

- How we identify the aspects of our activities and interventions that we want to sustain; and
- What are some strategies to approach sustainability.

A zoom session invite will go out soon.

Resource Sharing

Bernie Hascall posed the question of “where can families get the information to meet their needs?” Is there a place outside of primary health that we would put more energy into promoting access to services?

- Jenni mentions Project Aware where mental health professionals are providing consultations to school health providers
- Dr. Arva Nasir, a physician with MMI, shared that “children have 7-8 scheduled healthcare visits in the first year of life, 3 in the 2nd year of life and 2 later on” and that the AAP for the past 10-15 years has seen a prioritization of integration of mental health into primary care. There is a big push to increase the capacity of primary care practitioners to manage mental health issues. Patients are also more likely to follow up with their mental health appointments and treatment due to trusting their healthcare provider.
 - [Supporting the Emotional and Behavioral Health Needs of Children, Adolescents, and Families during the COVID-19 Pandemic](#)
 - [Behavioral Health Education Center of Nebraska \(BHECN\): Tele-Behavioral Health Primary Care webinars](#)
- Rachel Fox, a Parent Representative, shared the “*Unite Us*” platform. <https://uniteus.com/>. “It is a unique platform for organizations that provide resources to be able to connect or send individuals to the place that they need, rather than letting them get bounced around.”
- Bridgette Barnes with Boystown shared that her programs helps parents connect with the community and supply them with resources for their personal empowerment as well.

Josie Rodriguez shared that the Office of Health Disparities and Health Equity hosts the Minority Health/ Health Equity conference each year. All Partners are invited and encouraged to share the event.

Jenni extended a public invitation to Misty Frasier with the Nebraska Indian Child Welfare Coalition to speak at the next NEP-MAP meeting in April.

2021 Meetings: 11:00am – 1:00pm CST

- Friday, January 15
- Friday, April 16
- Friday, July 16
- Friday, October 15