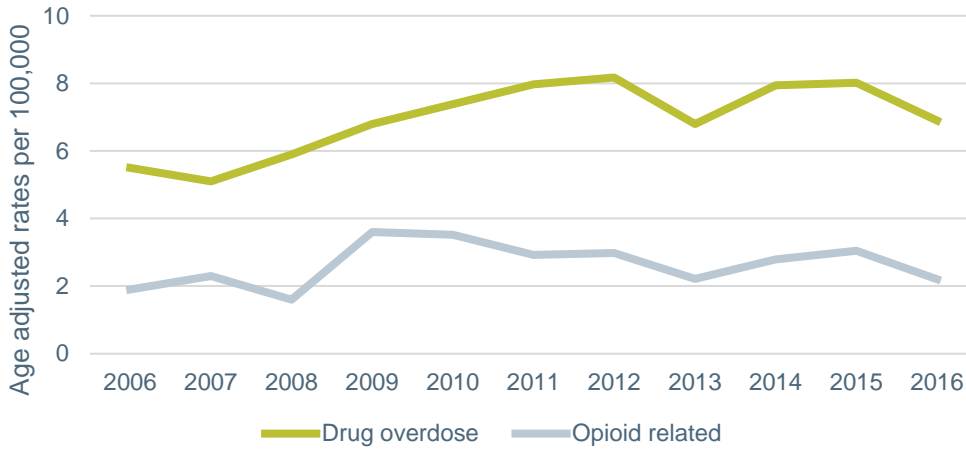


All Drug-related and Opioid-related Overdose Fatalities, Nebraska, 2006 - 2016



A Public Health Crisis Continues

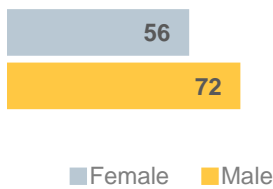
In the United States, 63,600 Americans died from a drug overdose in 2016. The drug overdose rate (19.8 per 100,000) was 21% higher than the rate in 2015 (16.3).¹

In 2016, 128 people died in Nebraska from a drug overdose. Of those at least, 35% involved an opioid (including prescription pain relievers, heroin, fentanyl, or other opioids).²

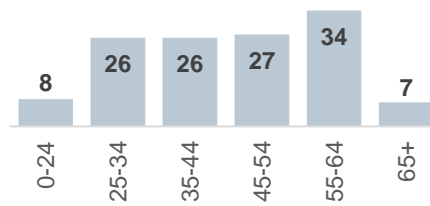


Drug Overdose Deaths: Number by Demographic Characteristics and Intent ²

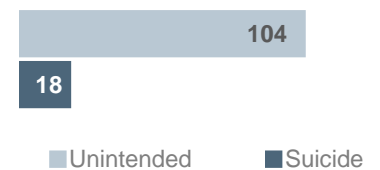
Number by Sex



Number by Age Group



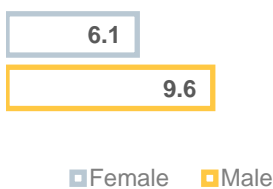
Number by Intent



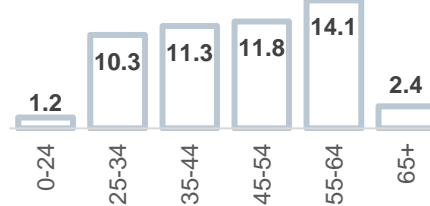
Drug Overdose Deaths: Rate per 100,000 persons by Demographic Characteristics and Intent ²



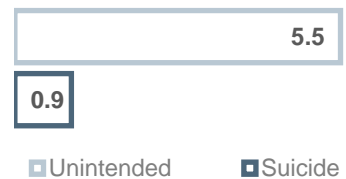
Rate by Sex



Rate by Age Group



Rate by Intent



† Rates provided for groups with numbers less than 20 may be unreliable, these rates are provided for context and should be used with caution.

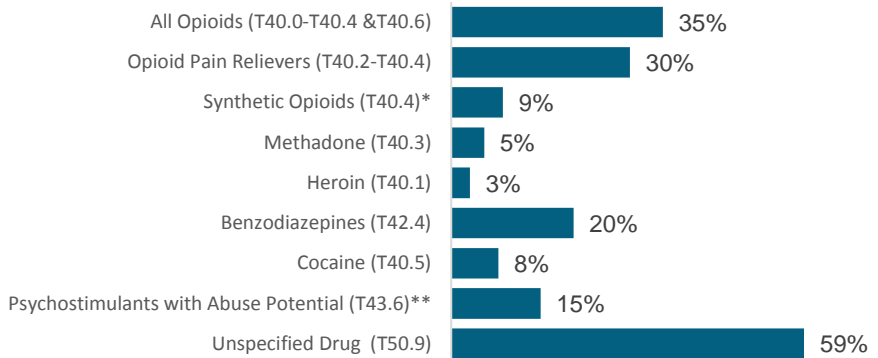
In 2016, 14.1% of all drug overdoses were identified as suicide or intentional with the majority identified as accidental or unintentional (81.3%). Males accounted for 56%, down from 61% in 2015. Individuals aged 55-64 had the highest rates of all age categories with 35-44 and 45-54 year olds trailing closely. In 2015, the highest age category rate was for 45-54 year olds.

Drug Overdose Deaths: Proportion of Deaths Involving Selected Drugs ²

Opioid Pain Relievers Contributed to 30% of Drug Overdose Deaths

Opioid pain relievers, such as oxycodone or hydrocodone, contributed to 38 (30%) of 128 drug overdose deaths in 2016. These results may be an undercount, because the percent of drug overdose deaths that had only unspecified drug(s) listed as contributing to the death accounted for 38% percent in 2016; up slightly from the 36% in 2015.

Proportion of Drug Overdose Deaths Involving Selected Drugs, Nebraska, 2016



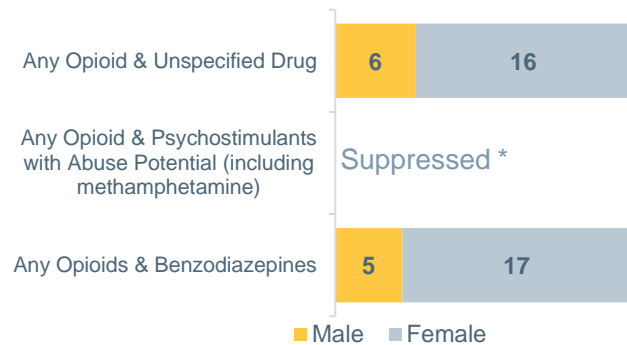
Drug Overdose Deaths: Proportion of Deaths Involving Selected Drug Combinations ²

Selected Drug Combinations



† Categories are not mutually exclusive

Selected Drug Combinations by Sex



‡ Categories are not mutually exclusive * Data is suppressed if the number of deaths for the group are less than 5.

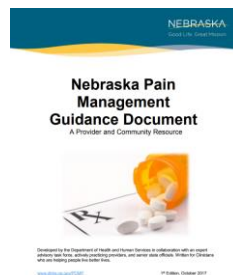
Addressing the Issue in Nebraska



Nebraska DHHS in collaboration with an expert advisory task force, actively practicing providers, and senior state officials have developed a **guidance document for clinicians** who are helping people live better lives. www.dhhs.ne.gov/PDMP



Nebraska DHHS in collaboration with Nebraska Health Information Initiative have implemented the statewide **Prescription Drug Monitoring Program**, a tool that collects dispensed prescription information. The tool is to help prevent the misuse of controlled substances and for patient safety. www.dhhs.ne.gov/PDMP



Nebraska MEDS Coalition's goal is to reduce the availability of unused medication that may result in unintentional poisoning or illegal use and to provide education.

Fast Facts:

- **320 pharmacies** are participating
- Between Jan. 2016 – March 2018 over **50,000 pounds** of medication for disposal was collected. www.nebraskameds.org

1. Centers for Disease Control and Prevention. www.cdc.gov 12/30/2016 MMWR: Increases in Drug and Opioid-Involved Overdose Deaths - United States, 2010-2015.
 2. Nebraska Vital Statistics data, 2006-2015.

Notes: Data is suppressed if number of individuals in a group are less than 5. Rates provided for groups with numbers less than 20 may be unreliable, these are provided for context and should be used with caution.