

Provider Substance Misuse Quick Reference Sheet

Brief Screenings, Provider Talking Points and Referral Options

If you have a patient that you are concerned may have a drug misuse issue here are some quick references that may help you care for your patient and/or refer them to needed services:

Brief Screenings

If you are looking for a screening tool to assess your patient:

National Institute on Drug Abuse (NIDA): [Talking to patients about their drug use](#)

Screening tools:

Screening and Opioid Assessment for Patients in Pain-Revised— SOAPP-R (24 Questions 0-4 scale) or SOAPP Opioid Risk Tool — ORT (10 questions)

Pain Assessment and Documentation Tool— PADT (assesses analgesia, ADLs, Adverse Events and Potential Aberrant Drug-related Beh.)

Current Opioid Misuse Measure— COMM (17 questions 0-4 scale)

Prescription Drug Use Questionnaire— PDUQ (31 Yes/No Questions)

Based on results of screening refer to below decision tree to help guide appropriate referrals

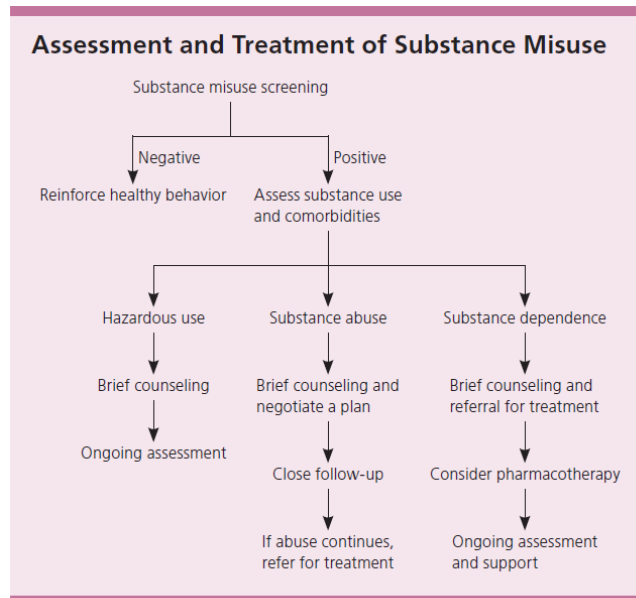


Figure 1. Algorithm for management of substance misuse in primary care.

Provider Talking Points

If you are needing help talking to your patient about their drug use:

National Institute on Drug Abuse (NIDA): [Talking to patients about their drug use](#)

NIDA: [How do you address patient resistance?](#)

American Family Physician “A Primary Care Approach to Substance Misuse” – [see Table 3](#)

Referral Options

If you are looking for substance abuse evaluation services:

Nebraska Network of Care www.dhhs.ne.gov/networkofcare

If you are looking for treatment referral resources:

Nebraska Network of Care www.dhhs.ne.gov/networkofcare

Treatment resources look-up (SAMSHA): <https://findtreatment.samhsa.gov/>

NIDA Opioid Treatment Provider Directory <http://dpt2.samhsa.gov/treatment/directory.aspx>

If you are looking for guidance from a fellow physician or mentor on any opioid therapies questions:

Providers' Clinical Support System for Opioid Therapies: Pcss-o.org

"PCSS-O is a national training and mentoring project developed in response to the prescription opioid overdose epidemic. The consortium of major stakeholders and constituency groups with interests in safe and effective use of opioid medications offers extensive experience in the treatment of substance use disorders and specifically, opioid use disorder treatment, as well as the interface of pain and opioid use disorder. PCSS-O makes available at no cost CME programs on the safe and effective use of opioids for treatment of chronic pain and safe and effective treatment of opioid use disorder."

Resources

NEW CDC Patient and Provider Videos:

CDC has produced [a suite of videos](#) to help improve communication between prescribers and patients about prescription opioids. These videos complement the CDC Guideline and aim to educate patients and providers about opioids and their risks. Available on YouTube, these videos can be easily used as Public Service Announcements (PSAs), shared on social media, or featured in trainings and presentations.

[Even When Prescribed by a Doctor](#): Raises general awareness about opioids

[When the Benefits of Opioids Outweigh the Risks](#): One-minute PSA for providers

[Back on Track](#): One-minute PSA for providers

CDC Mobile App for Providers—[Opioid Guide App](#)

CDC's new Opioid Guide App is free and will be available for physicians to access an MME calculator, prescribing guidance and motivation interviewing when talking to a patient about the risks and benefits of opioids.

If you are looking for additional Nebraska prescription drug prevention resources:

Nebraska Prescription Drug Monitoring Program www.dhhs.ne.gov/pdmp

Reference Information

American College of Preventive Medicine "Use, Abuse, Misuse & Disposal of Prescription Pain Medication Clinical Reference Guide" <http://www.acpm.org/?UseAbuseRxClinRef>

Shapiro, B. (2013). A Primary Care Approach to Substance Misuse, *American Family Physician*. Vol. 88 Number 2 pg. 113-121. <http://www.aafp.org/afp/2013/0715/p113.pdf>

National Institute on Drug Abuse: <https://www.drugabuse.gov/nidamed-medical-health-professionals/about-addiction-performance-project/addiction-performance-project>

Centers for Disease Control and Prevention: <https://www.cdc.gov/drugoverdose/index.html>