

Nebraska Medicaid Home and Community- Based Services (HCBS)

Traumatic Brain Injury (TBI) Waiver

SERVICES QUICK GUIDE

The Quick Guide is an introduction to services and may be used to decide which services to consider. Your Service Coordinator will explain services in more detail and discuss provider options.

Available services are based on your needs. A combination of services may be required to comply with program rules.

2023

NEBRASKA

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DEPT. OF HEALTH AND HUMAN SERVICES



ADULT DAY HEALTH

TBI Adult Day Health includes social and health activities provided outside the participant's home. Includes personal care, health assessment and nursing services, meal services, recreational therapy supportive services, and other activities.

ASSISTIVE TECHNOLOGY

Assistive Technology includes the purchase or rent of items, devices, or product systems to increase or maintain your ability to perform normal daily activities.

This service includes designing, fitting, adapting, and maintaining equipment, as well as training or technical assistance to use equipment. This service also includes an assessment to identify the type of assistive technology you need.

CAREGIVER TRAINING

Caregiver Training provides training and education to your unpaid caregiver who provides informal supports.

CHORE

Chore assists you in maintaining your health and safety in your own home. Chore occurs less frequently than TBI Companion.

Chore may include housekeeping activities such as in-home cleaning and care of household equipment, appliances, or furnishings; minor repairs of windows, screens, steps or ramps, furnishings, and household equipment; and landscaping. Landscaping includes snow and ice removal, mowing, raking, removing trash (to garbage pick-up point), pest remediation, and clearing water drains.

COMMUNITY CONNECTIONS

Community Connections supports and assists you in participating in community or social activities.

COMPANION

TBI Companion includes supervision and social supports provided in your home and possibly community settings. This service may include light housekeeping tasks, paying bills, errand service, essential shopping, food preparation, and laundry service.

HOME MODIFICATIONS

Home Modifications are changes to your home to increase or maintain your ability to perform normal daily activities, making it easier and safer to get around and do things for yourself. Modifications should help you better access your home and need less help from other people.

HOME-DELIVERED MEALS

Home-delivered meals are delivered to your home, using sanitary utensils and equipment, maintaining proper food temperatures, and containing one-third of the minimum daily nutrition requirement for adults, using a variety of foods from day to day. You may qualify for home-delivered meals when you are unable to prepare your own meals.

NON-MEDICAL TRANSPORTATION

Non-Medical Transportation provides transportation to and from community resources to help you continue living at your home.

PERSONAL CARE

TBI Personal Care includes assistance with activities of daily living (ADL) and health-related tasks and may include instrumental activities of daily living (IADL). It is provided in your home and community.

This service helps you accomplish tasks you would normally do for yourself if you did not have a TBI.

PERSONAL EMERGENCY RESPONSE SYSTEM (PERS)

PERS is an electronic device used to help you contact someone in an emergency. The system is connected to your telephone and notifies a designated person or call center when you push a button.

RESPITE

TBI Respite is a short-term service you can use when you cannot care for yourself. Respite is temporary relief to the usual caregiver who lives with you. Your provider helps with activities of daily living, health maintenance, and supervision.

SUPPORTED EMPLOYMENT - FOLLOW-ALONG

Supported Employment – Follow-Along helps you keep your competitive job. This service may be provided to you or by communicating with your employer for you.

SUPPORTED EMPLOYMENT - INDIVIDUAL

Supported Employment – Individual provides a job coach for one-on-one teaching to help you keep your competitive job. This service is provided at your job. Your provider helps you with job skills and referrals for other resources.

SUPPORTED RESIDENTIAL LIVING

Supported Residential Living was previously called Assisted Living. It provides shelter, food, and other services, such as assistance with personal care activities, activities of daily living (ADL), instrumental activities of daily living (IADL), and health maintenance. Supported Residential Living is provided in an assisted living facility licensed through Public Health and regulated by Medicaid and Long Term Care (MLTC).

You pay the room and board and any applicable Medicaid share of cost.

VEHICLE MODIFICATIONS

Vehicle Modifications are changes to an automobile/van to accommodate your need to integrate more fully into the community. Modifications should help you better access your vehicle and need less help from other people.

For more information on these services, and to see which you qualify for, contact your Service Coordinator. Your services must be identified in your person-centered plan before a provider can be authorized to provide services for you.